



The food of the Caribbean has diverse roots, which reflects the rich history and cultures of the Islands.

Food traditions from Africa, India and the various colonial powers in the region - British, Dutch, French, Spanish and Portuguese - have all left their mark on modern Caribbean cuisine.

Scotch Bonnet Catering takes its name from the fiery pepper that is native to the Islands. The Scotch Bonnet is one of the world's hottest varieties of pepper but has a distinctive and fruity flavour and is used extensively in Caribbean cooking.



Caribbean Buffet Menu

The ideal choice for meetings, conferences, receptions and parties!

Scotch Bonnet Catering is a social enterprise that creates authentic, high quality African and Caribbean food while also providing real training and employment opportunities for people with learning disabilities and mental health support needs

Scotch Bonnet Catering

Southside Partnership

31-33 Lumiere Court
209 Balham High Road
Balham
London SW17 7BQ

Telephone: 020 8772 6169

Fax: 020 8772 6223

Email: info@scotchbonnet.org.uk

For your convenience, we have 3 menus for you to choose from...

MENU A £6.50 per head

Jerk Seasoned Chicken Wings
Callaloo & Saltfish Vol-au-vents
Assorted Mini Patties
(Chicken, Lamb and Saltfish)
Sweetcorn Fritters ✓
Coleslaw ✓
Pineapple Rice Salad ✓
Mixed Green Salad ✓
Fresh Tropical Fruit Baskets ✓
A selection of Fruit Juices ✓



✓ Suitable for Vegetarians

Please contact us directly if your have additional dietary requirements

All prices are exclusive of VAT
All prices include delivery, napkins and disposable cups, plates and cutlery

Please note that we must receive your order at least 7 days before your event, with confirmation of numbers at least 72 hours prior to the event

MENU B £7.50 per head

Jerk Seasoned Chicken Wings
Escovitch Fish
Spicy Meatballs (Lamb)
served with a hot dip
Assorted Mini Patties
(Chicken, Lamb and Saltfish)
Sweetcorn Fritters ✓
Coleslaw ✓
Pineapple Rice Salad ✓
Mixed Green Salad ✓
Fresh Tropical Fruit Baskets ✓
A selection of Fruit Juices ✓

ADDITIONAL MENU ITEMS

You may wish to choose any of the following items to add to your buffet:

Carrot Cake ✓	£1 per head
Ginger Cake ✓	£1 per head
Coconut Cake ✓	£1 per head
Melon with Ginger ✓ and Demerara Sugar	£1 per head
Sorrel Juice ✓	£1 per head
Pineapple Punch ✓	£1.20 per head
Carrot Punch ✓	£1.20 per head

MENU C £8.50 per head

Jerk Seasoned
Chicken Drumsticks
Escovitch Fish
Callaloo & Saltfish Vol-au-vents
Spicy Meatballs (Lamb)
served with a hot dip
Sweetcorn Fritters ✓
Pineapple Rice Salad ✓
Coleslaw ✓
Mixed Green Salad ✓
Fresh Tropical Fruit Baskets ✓
Coconut OR Ginger Cake ✓
(Pease Select One)
A selection of Fruit Juices ✓



HOW TO ORDER

Please contact us directly if you wish to make an order or have any questions

Telephone: 020 8772 6169
(available 9am-5pm, Monday to Friday)

Fax: 020 8772 6223

Email: info@scotchbonnet.org.uk